

## Toileting Protocol

### **Materials:**

- Alarm
- Training underwear (to be worn under pull-up)
- Visual Timer Application

### **Schedule:**

\*Toileting accidents and successes will be monitored and time adjustments will be made as necessary\*

- Every 10 minutes, ask if [REDACTED] he is "dry" and provide verbal praise for "staying dry"
- Prompt [REDACTED] to use the bathroom **every 30 minutes** when the alarm goes off and when he has a toileting accident
  - An alarm should be used to establish consistency with this schedule

### **Toileting Steps:**

- State that it's time for [REDACTED] to use the bathroom when it's time to go
- Use least-to-most prompting to have [REDACTED] select the Bathroom icon on his AAC device
- Guide Aidan to the bathroom
- Use least-to-most prompting to have [REDACTED] take off his pants and sit on the toilet
- Begin a visual timer for 2 minutes

### **Successful Urination/Bowel Movement**

- **Immediately** upon [REDACTED] starting to urinate in the toilet, provide him with verbal praise
- Allow [REDACTED] to flush the toilet and continue giving him lots of verbal praise

### **Toileting Accident Steps:**

- Bring [REDACTED] to the bathroom
- Show him that his training underwear is "wet"
- If he defecated in his training underwear, put it in the toilet and show him
- Have [REDACTED] sit on the toilet
- Begin Visual Timer for 3 minutes
- After the timer goes off, use least-to-most prompting to have [REDACTED] clean his accident and get changed

